

October 2019

# 1Voice Newsletter



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## AAC Awareness Month

International **AAC Awareness Month** is celebrated around the world each October. The goal is to raise **awareness** of augmentative and alternative communication (**AAC**) and to inform the public about the many different ways in which people communicate using communication devices.

We plan to post daily on our Facebook page and twitter feed throughout the month using the hashtag **#AACaware19**.



Find us at 1VoiceCT



Follow us @1VoiceAAC

# SUPER WEEKEND

## National Residential Weekend 2019

This year's national residential weekend took place in July at Treloar College in Hampshire. This was our biggest event to date with 148 people taking part over the weekend, including 37 AAC users. It was really great to meet so many new families and we had 12 AAC users experiencing a 1Voice event for the first time. Those attending were invited to join in super hero themed activities and a number took part in a creative writing workshop run by Dave Young, The Shouting Mute. Becky Tyler, a 1Voice Role Model, gave a presentation about her Eye Gaze art work and DJ Oli, another 1Voice Role Model, amazed us with his DJ skills at the disco and ensured the dancefloor was packed from start to finish. We would like to say a massive thank you to all our volunteers who made the weekend possible. We are hoping to secure the date and venue for our 2020 residential weekend very soon.



***"Enabling young people to boost their confidence in communicating with their devices."***



The new 1Voice Parents

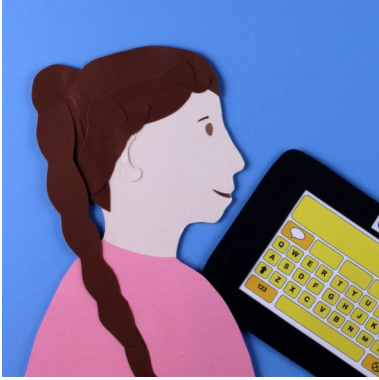
Facebook page is a great way to keep in touch and get ongoing support.



**We will be celebrating our 20th Anniversary in 2020!**

## Technology for Talking, my BBC Ideas animation

1Voice Role Model, Jemima, tells us about her published animation.

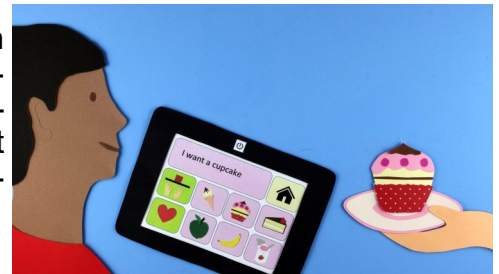


In 2018 I discovered the new BBC Ideas website. They were inviting pitches for “short films for curious minds”, and were open to independent filmmakers. I planned a paper-cut animation to explain about AAC. I was excited and nervous when they accepted my proposal. I asked Screen South to help with production, and worked with my mum and my PA Susanne, who is an art therapist and artist. I wrote my ideas for the script and my mum worked with me to improve my deaf English. I tried to find clear, visual and fun ways to present the information and worked with my mum and Susanne on the storyboard. Susanne did lots of cutting out and we took photos to test our ideas and try different designs and colours. I programmed the voice over and we recorded it to make the animatic. That’s when you photograph the storyboard and edit it on a timeline with the voice over to test the timing and flow of the film. I got feedback and made changes. Some people thought there was too much cake in the film, but I don’t think you can ever have too much cake!

We shot the animation in my bedroom. My mum animated it and I directed her. That took about 6 weeks working most days. Then Mike edited and Craig composed the music. I read and wrote lots of emails discussing changes and the hardest thing, deciding what to cut to keep it under 5 minutes.

The film went online in April and so far it's had more than 10000 views on the website and over 10000 for the square version on Twitter. It's been shared by lots of people on social media and I hope it will help more people to understand about AAC and encourage them to interact with AAC users. I'm happy that people are using it for training about AAC . Jemima xx

You can check out her film on the BBC Ideas website. Search for ‘How to speak when you don’t have a voice’.



### Marathon Challenge

We wish our volunteer Joanna all the best with her first ever marathon. She is running the Loch Rannoch Marathon on 13 October and is raising money for 1Voice. Thank you! You can donate at <https://uk.virginmoneygiving.com/JoannaEwenson>

### CM AAC Awards 2019

The inaugural awards take place on Friday 11 October 2019 at the University of Leeds. We are delighted to have been shortlisted for an award along with some of our members. Good luck to everyone who is nominated.

### Lakes and Bay Boat Trip

Join 1Voice Lakes and Bay for their annual boat trip on Tuesday 22 October. Meet at Lakeside at 11am to sail to Bowness for lunch at the Village Inn. To book contact: [1voicelakesand-bay@1voice.info](mailto:1voicelakesand-bay@1voice.info) or telephone 07798796691.

### Amanda’s Adventure

Thank you to Amanda, who has just completed the first woman’s only motorbike ride from Khatmandu to Everest basecamp. There is still time to donate on her fundraising page <https://uk.virginmoneygiving.com/amandahynan>

### Annual General Meeting

You are invited to attend the 1Voice AGM taking place on Wednesday 20 November 2019 at 7.30pm. The meeting is to be held remotely online via GoToMeeting. If you would like more information on how to join the meeting please get in touch.

### Bendrigg Lodge

Join us for an activity weekend at the Bendrigg Trust (Cumbria), on 6 to 8 December 2019. The cost is £135pp. For more info and to book contact: [kate@bendrigg.org.uk](mailto:kate@bendrigg.org.uk).

Contact: 1Voice, Lymm Business Centre, Lymm Library Annexe, Davies Way, Lymm WA13 0QW.  
Phone: 07943 618525 Email: [info@1voice.info](mailto:info@1voice.info)  
[www.1voice.info](http://www.1voice.info)