# **1Voice Newsletter**



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## **Christmas Card Campaign**

For the past few years our supporters have raised funds by sharing our Christmas message and making a donation to our Christmas Campaign instead of sending Christmas cards. Please share our Christmas Message. If you would like to make a donation you can do so at <a href="http://bit.ly/1VXmas19">http://bit.ly/1VXmas19</a>.

We would like to wish all our members and supporters a very Merry Christmas and a Happy New Year!

We will be celebrating 20 years of 1Voice in 2020!

# **Bendrigg November Weekend**



1Voice members enjoyed a fun-filled weekend at Bendrigg Lodge, in Cumbria. It was an amazing weekend with the young people experiencing challenging and fun activities with fantastic tutors who always find a way to make everything possible for all!

Activities included indoor caving, crate stacking, tube slide, zip wire, the big swing, sensory room and sports' hall games. Thanks to Oli who performed a DJ set around the campfire! There was plenty of time for new and existing members to chat and the feedback was really positive.



OR

A big thank you to Kate for organising such a fantastic weekend and to our weekend volunteers Craig and Don.

# **Amanda's Fundraising Adventure**

In September I was part of the first women's only motorbike ride from Kathmandu to Everest north basecamp in Tibet (China). The trip was run by Nomadic Knights and led by Steph Jeavons, a world famous overland motorcyclist. 23 women started but sadly 10 had to withdraw due to the



incredibly tough riding conditions.

The weather was very bad in Nepal due to a late and extreme end to the monsoon season and the roads were a quagmire of mud,

trucks, landslides and general chaos. It was an incredible adventure. Seeing Tibet was truly moving and it was fascinating to learn about the people and their history. Base camp is a precious place. This challenge is something I will never forget and I would like to thank everyone for sponsoring me. I am amazed that I raised £1,673 for 1Voice!

Amanda Hynan, 1Voice Trustee

## **Communication Access UK**



It was good to be able to share the vision of Communication Access UK with parents at the 1Voice day held at the University of Leeds in September 2019. Following the successful pilot funded by the John Ellerman Foundation and managed by Communication Matters (CM), work with the Communication Access UK project has continued to move forward with slow but steady progress with the project coordinator supported by The Royal College of Speech and Language Therapists (RCSLT).

Communication Access UK is a partnership between charities and organisations that share a vision to improve the experience of people living with communication

support needs. The Steering Group, which was established in September 2016, chaired by the RCSLT, includes CM, the Motor Neurone Disease Association, the Stroke Association, Headway – the brain injury association, Disability Rights UK, the Business Disability Forum and the National Network of Parent Carer Forums.

If a business or organisation displays the symbol it means that they have received training to help them more effectively support people with communication support needs. The 'TALK' prompt (TIME/ASK/LISTEN/KEEP TRYING) is a key element in the training.

Early adopter sites include local authorities, the health and education sectors including NHS trusts, and businesses including the hospitality, retail, transport and leisure sectors. To date over 1000 members of staff, representing fifty different organisations have received the training (currently delivered face to face) often supported by AAC users, who have participated as co-presenters in many of the sessions.

Moving forward, work has begun on the development of an eLearning package to provide a much more adaptable and accessible solution for the delivery of training when we move forward with mainstreaming the symbol and standards.

Thank you to everyone who has contributed to Communication Access UK to date. The journey continues.....! More information <a href="www.communication-access.co.uk">www.communication-access.co.uk</a> <a href="mailto:info@communication-access.co.uk">info@communication-access.co.uk</a> <a href="mailto:Catherine Harris Project Coordinator RCSLT">Catherine Harris Project Coordinator RCSLT</a>

## **National Weekend**

Find out what we got up to at our residential weekend in July. A short video is now available to view on YouTube at http://bit.ly/NRW19Video.

#### **SAVE THE DATE**

Next National Weekend 31 July to 2 August 2020. Portland College, Mansfield, Nottinghamshire.

## CM AAC Awards 2019

The inaugural awards took place on Friday 11 October 2019 at the University of Leeds. We were delighted to be shortlisted for an award in the AAC setting of the year category. Unfortunately, we didn't win on the night but well done to all the nominees and winners.

## **Membership Form**

Have you been a 1Voice member for more than 18 months? Please complete a new form if you haven't already done so. This allows us to comply with data protection laws and also helps with funding applications and improves the local support we can offer. See our website for the form. www.1voice.info/membership-form

# Help us win £1,000

Can you spare two minutes to help us be in with a chance of winning £1,000? Ecclesiastical are donating £1,000 to 120 charities in their 12 days of giving. Please nominate 1Voice at <a href="https://www.ecclesiastical.com/movement-for-good/12-days/">https://www.ecclesiastical.com/movement-for-good/12-days/</a>. Our charity number is 1141886. The draws take place between 5 and 19 December.

#### **1Voice South East**

The branch is seeking thoughts from its members to help it shape its future. What do you think of the branch? What events have you enjoyed? What events would you like? Are there any barriers to attending events. All thoughts welcome so please get in touch at events@1voice.info.

#### **Trustee Vacancies**

At our recent Annual General Meeting we were sorry to say goodbye to Angie and Megan who have now stepped down as trustees. We have three trustee vacancies. If you are interested in finding out more about what is involved in being a trustee and/or you are interested in joining us please get in touch at 1voice-admin@1voice.info.

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